

MONKI

#plaersenseculpa

 GLUTEN FREE  VEGGIE

 monkiemporda

"PICOTEO"

EDAMAME / 5€  

With truffle oil and paprika

SPICY EDAMAME / 5,90€

With sriracha and togarashi

BRAVAS MONKI / 7,50€

With kimchee mayonnaise and a touch of lime

PRAWN AND CABBAGGE GYOZA / 9€ - 5 unit.

SQUID INK CROQUETTES WITH TUNA TARTAR TOPPING / 13,50€ (6u.)

With Japanese mayonnaise and teriyaki sauce

VEGETABLES IN TEMPURA / 9,80€

With teriyaki sauce and balsamic cream

LET'S GET STARTED

BURRATA BOMB / 14€  

Burrata, tomato, cherry tomato, avocado, pomodoro and injection of truffled pesto.

CRUNCHY CHICKEN SALAD / 8,90€

With crispy onion, cherry tomato, pita sauce and parmesan.

"CHULETÓN" CARPACCIO / 19€

With olive oil, honey mustard and parmesan.

PALAMÓS SHRIMP CARPACCIO / 18€

With olive oil, salt, pepper and chives.

BOWLS

CRUNCHY CHICKEN POKE BOWL / 14€

Crispy chicken, crunchy onion, avocado, edamame, wakame seaweed and cherry tomato.

SALMON POKE BOWL / 14€

Salmon, crunchy onion, avocado, edamame, wakame seaweed.

CHICKEN NOODLES / 12€

Chicken, vegetables, shiitake and teriyaki sauce.

VEGETABLE NOODLES / 9,90€ 

Onion, pepper, carrot and green garlic.

SUSHI BAR

ALL OUR ROLLS ARE 8 PIECES

RAINBOW ROLL / 15,50€ 

Uramaki with tuna tartar, avocado and flambé salmon topping.

SCALLOP ROLL / 14€ 

Uramaki with cheese cream, salmon, avocado and flambé scallop topping.

SEXY MANGO ROLL / 14€

Prawnuramaki battered with panko, cream cheese and avocado, topped with salmon and nikkei mango sauce.

SPICY TUNA ROLL / 16€

Hot fried futomaki battered with panko with Spicy tuna tartar, cream chesse and avocado.

SPECIAL MONKI / 13,80€ 

Uramaki with 100% avocado inside, cheese cream and spicy salmon tartare.

FUJI ROLL / 14€

Uramaki with prawn, avocado, tuna and candied onion topping.

HOT RIBEYE ROLL / 17€

Uramaki with avocado and cream chesse, flamed ribeye carpaccio, candied onion and foie grass.

ALASKA ROLL / 16€

Futomaki with salmon, avocado and cheese cream. Breaded panko and salmon tartare topping.

CRISPY CHICKEN / 13€

Futomaki with crispy chicken and avocado, with avocado cream and crunchy onion.

VEGGIE ROLL / 12,50€ 

Ivy and avocado Uramaki with avocado cream topping, lime and teriyaki sauce.

TARTARE

SALMON TARTARE / 15,50€ 

With soy, lime and onion.

TUNA TARTARE / 16€ 

With soy, ginger, olive oil and onion.

TATAKI

SALMON TATAKI / 15€ 

Avocado base and teriyaki sauce.

TUNA TATAKI / 17€ 

Avocado base, crunchy onion and candied tomato sauce and soy.

WITHOUT CUTLERY

RIB MINITACOS AT LOW TEMPERATURE / 14€ (4u.)

With tzatziki sauce, assorted sprouts, tomato, onion, lime and hot sauce.

TUNA TARTAR MINI TACOS / 14,50€ (4u.)

With avocado cream and teriyaki sauce.

BEEF CHEEK MINI TACOS / 14 € (2u.)

With candied onion and teriyaki sauce.

BAO TACO WITH SQUID / 12€ (2u.)

Andalusian-style squid, kimchee and lime sauce.

STEAK TARTARE BRIOCHE / 14,80€

Grilled brioche stuffed with steak tartar and honey mustard.

MEDITERRANEAN

ARTICHOKE WITH SCALLOP AND TRUFFLED PARMENTIER / 14€ 

With truffle oil, paprika and assorted sprouts.

OUR OCTOPUS WITH TEMPURA / 21€

PORK "SECRET" WITH TRUFFLED PARMENTIER / 14,50€

Pork "secret" cooked at low temperature with truffled parmentier.

MONKI RICE / 24€ p/p (2 people)

Our rice with octopus.

GIRONA BEEF TATAKI (400G.) WITH FOIE / 36€

With our teriyaki sauce, micro sprouts and chives.

DESSERTS

MONKI CHESSECAKE / 6€

Cookie base, chessecake cream with yuzu and green apple jam.

BROWNIE / 6,50€

With Mexican vanilla cream.

GIRONA "XUIXO" / 7,50€

Flamed bun filled with cream, with cinnamon ice cream.

BAILEYS TIRAMISÚ / 5,50€

CARROT CAKE / 6,50€

With honey yogurt ice cream.